

**PRE-OPERATIVE INFORMATION REQUIRED FOR  
GASTRIC BARIATRIC SURGERY PATIENTS**

**NAME** \_\_\_\_\_ **DATE** \_\_\_\_\_  
**ADDRESS** \_\_\_\_\_  
**D.O.B.** \_\_\_\_\_ **AGE** \_\_\_\_\_

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**MEDICAL HISTORY**

\_\_\_\_\_ Age at onset of obesity

**SMOKING HISTORY**

\_\_\_\_\_ Packs per day \_\_\_\_\_ Years smoked

Other medical complications caused by obesity?

PLEASE

LIST \_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

**FOOD/DIET HISTORY**

\_\_\_\_\_ How many meals do you eat per day?

\_\_\_\_\_ Do you snack on food or beverages?

\_\_\_\_\_ If yes, what do these consist of \_\_\_\_\_

\_\_\_\_\_ How much pop do you drink per day?

\_\_\_\_\_ How much alcohol do you drink per day?

\_\_\_\_\_ Have you tried Dietician/Physician Supervised Diets?

\_\_\_\_\_ Yes \_\_\_\_\_ No

\_\_\_\_\_ If so, how long were you on the diet?

(on the back please circle the diets you have tried?)

\_\_\_\_\_ Do you overeat or "binge" eat?

\_\_\_\_\_ Has your obesity caused any difficulty in your ability to get or hold a job?

\_\_\_\_\_ Has your obesity caused any difficulty in your social life?

\_\_\_\_\_ Have you been on an exercise program?

Examples \_\_\_\_\_

-----**FOR OFFICE USE ONLY**-----

\_\_\_\_\_ Current weight \_\_\_\_\_ Height \_\_\_\_\_ BMI

\_\_\_\_\_ Blood Pressure \_\_\_\_\_ H-Pylori test

**Please complete the following chart . List when you were on the diet and how much weight you lost with each diet. Prior insurance approval is dependent on you filling this out. PLEASE fill out completely.**

DIET	LENGTH OF TIME ON DIET	YEAR	WEIGHT LOST
Physician Supervised Diet			
Phen-Fen			
Redux			
Meridia			
Xenical			
Diuretics			
Hospital Diets			
American Diabetic Assoc. Diet			
The Diet Center			
Jenny Craig			
Weight Watchers			
TOPS			
NurtiSystem			
Self-Induced Vomiting; Bulimia			
Cabbage Soup Diet			
Weight Loss Camps			
Low Fat, High Carbohydrate Diet			
Low Fat, No fat Diet			
Carbohydrate Addicts Diet			
Beverly Hills Diet			
Weigh Down Workshop			
Fit for Life			
The Grapefruit Diet			
The Vinegar Diet			
The Lemon Juice Diet			
Richard Simmons Deal-A-Meal			
The Zone			
The Rice Diet			
Slimfast			
Medifast			
Optifast			
Metabolife			
Metabolite			
Calorad			
Bioslim			
Starvation Diet			
Low Carbohydrate Diet			
High Protein Diet			
Atkins Diet			
Sugar Busters			
Overeaters Anonymous			
The Pritikin Diet			
The Scarsdale Diet			
Herbal remedies			
Appetite Suppressant Gum			
Water Pills			
Dexatrim			
Laxatives			
Fasting Diet			
Please list any other diets:			